

RESURRECTION ROMAN CATHOLIC PARISH

3155 Windsor Park Road - Regina, SK S4V 3B1

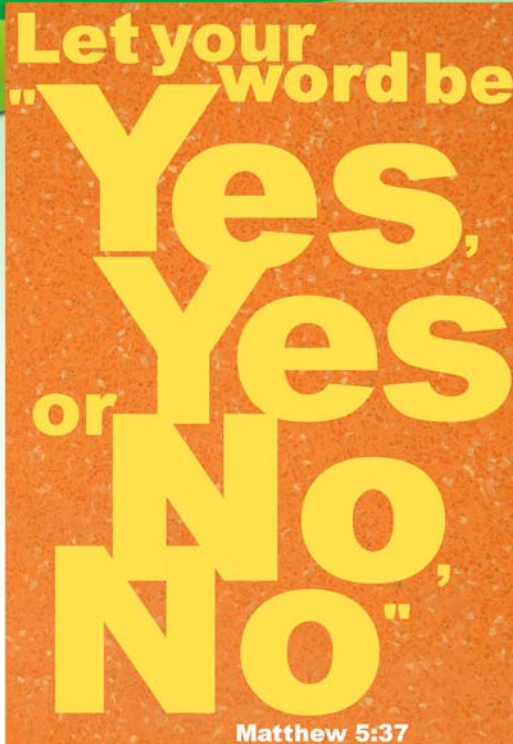
Phone: 306-352-0800 Fax: 306-352-0999

Email: office@resurrectionparish.ca
pastor@resurrectionparish.ca

Office Hours: Monday – Friday: 9:00 am – 2:00 pm

Please ring the doorbell

FEBRUARY
FEB 12 2023



Today's Readings

Sirach 15.15-20

The Lord has not commanded anyone to be wicked.

Ps 119.1-2, 4-5, 17-18, 33-34

Blessed are those who walk in the law of the Lord!

1 Corinthians 2.6-10

God decreed wisdom before the ages for our glory.

Matthew 5.17-37

You have heard what was said to those of ancient times; but I say to you...



REGULAR MASS TIMES:

Saturday: 5:00 pm

Sunday: 9:00 am & 11:00 am

Tuesday evening: 7:00pm

Wednesday, Thursday and Friday 9:00am

(Please check our web site to confirm times)

The first Friday of every month

Adoration from 9:30 am to noon.

Reconciliation from 9:30 am to 10:30 am

WORSHIP
with us

PASTORAL TEAM

Father Brad Fahlman (306-352-0988) Deacon: Reverend Mr. Joe Lang

Mass Intentions

Tuesday	7:00 pm	+ Jacalyn Zeljeznak by Rod and Tracy Houk
Wednesday	9:00 am	+ Peter Hillsdon by Glenda Lemire
Thursday	9:00 am	All Souls
Friday	9:00 am	+ Bill Yano by Resurrection CWL

PLEASE NOTE: To request a Mass Intention please contact the Parish Office or visit the Welcome Desk after Mass. Due to the high volume received, some Masses may be celebrated at other parishes.

INFORMATION

RECONCILIATION

- Tuesday - 6:15 pm to 6:45 pm
- Saturday - 4:15 pm to 4:45 pm
- The first Friday of each month 9:30 am to 10:30 am, during Adoration
- By appointment by calling Fr. Brad

ANOINTING OF THE SICK / MINISTRY TO THE SICK

Please call the Parish Office to arrange for anointing for someone who is seriously ill, preparing for surgery or home-bound. We can visit upon request

MARRIAGE

Please contact the Priest to make arrangements at least nine months in advance

SACRAMENTS

- Baptism
- Confirmation/First Eucharist (Grade 2+)
- First Reconciliation (Grade 4+)
- Rite Of Christian Initiation For Adults
- Rite Of Christian Initiation For Children

Contact: sacraments@resurrectionparish.ca

FUNERALS

Our staff are able to assist you during this difficult time. Once you have contacted the funeral home, please call the Parish Office to plan the funeral Mass and other arrangements

PARISH REGISTRATION

Registration forms are available on the Resurrection web-site, at the parish office or at the Welcome Desk. Please notify the Parish Office of any address changes.

HOSPITAL CHAPLAINS

Hospital chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people's fears and concerns, to bring Communion, and to contact a priest for anointing of the sick.

Pasqua Hospital: 306-519-1380

Wascana Rehabilitation Centre: 306-530-6511

General Hospital: 306-519-1405



2022 charitable giving receipts are now available for pick-up in the gathering space.

Saturday, February 11th - 5:00pm Mass

World Day of the Sick
Anointing of the sick



The Marian Centre asks that donations of men's clothing be suspended for the months of February and March, as we have clothing sufficient to meet the requests of those coming to us at this time. We resumed serving hot noon meals last June and continue to be grateful for the generous support we have received which makes this possible. *Thank you!*



Mondays For Moms

Please see their FaceBook page - **Resurrection Parish Moms Group** for the schedule and more information.

Please use the South Office Entrance on Buckingham Drive and Ring the Doorbell.

Saskatchewan K of C Vocations Endowment Weekends

The Bishops of Saskatchewan have partnered with the Saskatchewan K of C Charitable Foundation to create the Saskatchewan K of C Vocations Endowment. Every year the earnings from this Endowment will be disbursed equally to each seminarian throughout all Saskatchewan Dioceses and Eparchy. These funds will help defray the estimated \$30,000.00 per year it costs to educate each Seminarian.

In support of the K of C Vocation Endowment, Resurrection Knights of Columbus Council 13214 will participate with our Parish in a fundraising campaign during the weekends of February 4/5 & 11/12, 2023.

More detail on the campaign including photos of the Seminarians from Saskatchewan can be viewed at:

Vimeo: <https://vimeo.com/779740416/2c9db02f06>

Google Drive: <https://drive.google.com/file/d/1hFaC1F6LmLXgSPR3CPnI8Za8OzdkJmc/view?usp=sharing>

The Bishops, Priests, Knights of Columbus and Catholic faithful thank you in advance for your generous support of the education and development of Seminarians through Prayer and financial assistance.



Resurrection Parish Fun Poll
Please see the advertisers Page at the end of this Bulletin for the results of last weeks Poll.



Please see the insert in this bulletin for information on more Lenten activities at Resurrection Parish



SHROVE TUESDAY

Knights of Columbus
Shrove Tuesday Pancake
& Sausage Supper

February 21st - 5:30 – 7:00 pm

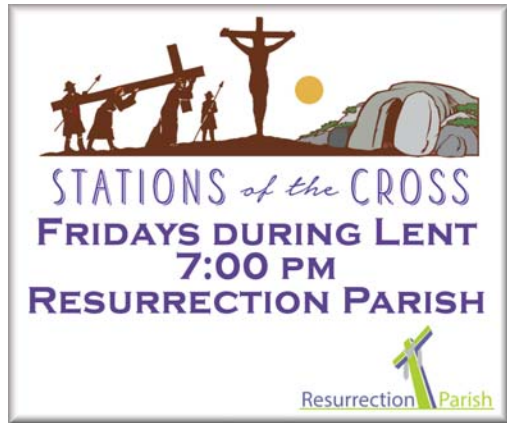
Donations accepted via goodwill offering



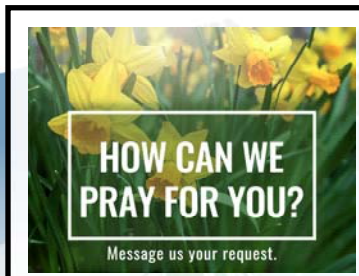
Join us for soup and a Lenten Reflection Tuesday's at 6:00 PM during the month of March



Can you give up coffee for a day? Can you commit to only saying nice things about people for a day? Our **Lenten Challenge** contains several text messages that you will receive during Lent each with a daily challenge to help you turn your focus to what is important this Lenten season. Visit our web page to sign up for our Lenten Challenge.



There is now a container in the Gathering Space to collect your palm leaves from last year to be used for Ash Wednesday this year.



OUR PARISH HAS AN ACTIVE PRAYER MINISTRY. IF YOU OR SOMEONE YOU KNOW IS IN NEED OF PRAYER, OR IF YOU WISH TO JOIN THE PRAYER MINISTRY PLEASE CONTACT

HOW CAN WE PRAY FOR YOU?

Message us your request.

Sharon Schauerte
Ph. 306-586-9143

Email: sharon_schauerte2@hotmail.com



SERVANTS OF GOD

We're looking for people to sign up to help with all liturgical ministries.

Even if you had helped out in the past; please take this opportunity to sign up again. Please see our website for more information

Thank You

Lent



LENT 2023 AT RESURRECTION PARISH

Ash Wednesday Mass: Wednesday February 22 at 7:00 pm

Adoration: Fridays in Lent following the 9:00 am Mass
until noon

Stations of the Cross: Fridays at 7:00 pm

Reconciliation:

- Tuesdays: 6:15 pm – 6:45 pm
- Saturdays: 4:15 – 4:45 pm
- Friday March 3: 9:30 am – 10:30 am
- Parish Reconciliation: Tuesday March 28
following 7:00 pm Mass

Soup and Reflection: Tuesdays: March 7, 14, 21 & 28
6:00 – 7:00 PM

*You can bring your palms from last year and drop them off in the
Gathering Space to be burnt and used for Ash Wednesday this year.*

Mitten Basket



St. Augustine School Winter Mitten Drive

The CWL is collecting mittens of all sizes for students of St. Augustine. Please leave your donations in the baskets located in the Gathering Space. **Thank You!**



RESURRECTION PARISH KNITTING CIRCLE

Are you a knitter? Are you interested in gathering for fellowship and knitting items for those in need? We invite you to join us at Resurrection in Meeting Room 3 on Wednesday's between 1 and 3 pm. Please call the office at 306-352-0080 or signup at the Welcome Desk if you are interested.

Can't join us, you can still help us out with donations of yarn.

Did you know that you can send your weekly tithes and offerings now by e-transfer? Send them to finance@resurrectionparish.ca and they will be included with your annual tax receipt. If you would like to inquire about other ways of giving electronically, please email the Parish at finance@resurrectionparish.ca or call our office at **306-352-0800**. Thank you again for your generosity in doing the Lord's work in our Parish, our community, our city, and beyond.



CHILDREN'S LITURGY:

Children's Liturgy leaders needed! Children's liturgy is a very important part of our weekend Mass Liturgical celebration and we are in need of volunteers to lead the children of our Parish in this liturgy! Your consideration to assist with this liturgy at any of the weekend Masses will be greatly appreciated!

Please call the office for more information.

It is celebrated at the Sunday, 9:00 am Mass

RECYCLING FUNDRAISER



Take your empty bottles and cans to **SARCAN Drop & Go** for the Knights of Columbus Fundraiser for Charity. All you have to do is enter the code **3067892993**, it's as easy as that!

If you can't make it to SARCAN, call that number and we'll pick up your bottles and cans for you.

Thank you so much for your support!

SACRAMENTS

... an ongoing journey of faith

RCIA



SACRAMENT PREPARATION

Baptism Registration is ongoing

Preparation classes are required, so register as soon as possible. Registration can be submitted and classes taken prior to the birth of your child.

The next Baptism class is Saturday, February 4th and the next Baptism date is Sunday February 12th.

Register by email to:
sacraments@resurrectionparish.ca.

First Reconciliation

We are accepting registrations for children entering Grade 4 or higher in the September 2023 school year.

If you wish to register you may do so by contacting the parish office at 306-352-0800 or via email at sacraments@resurrectionparish.ca

Anointing of Sick – available to anyone who is seriously ill or preparing for surgery

Reconciliation – Priests are available before or after any Mass - or by appointment

Marriage – register as soon as possible to ensure marriage preparation can be completed

*For any of these sacraments
Call Fr. Brad at 306-352-0988*

Are you ready for Lent?



Lent begins with Ash Wednesday on February 22. This week at RCIA we will hear about the season of Lent, the celebrations of Holy Week and discuss why Jesus died and the significance of the resurrection.

Lent, a time to pray, fast and serve. At the Sacrament Fair back on January 29th, we learned about our common priesthood and the call to share our time, talent and treasure. In the coming weeks we will talk about our experience when we shared. Throughout the year we have had the opportunity to share our gifts at the Marian Center and the St. Michaels Food program as well as other opportunities presented by the Parish.

For many of us, this will be the first time we have experienced a Lenten journey in this way. Please share your experiences with us ...

- How do you prepare?
- What has been your Lent experience?
- What advice would you give to someone on their first Lenten journey?

At RCIA there is a place for everyone!
Seeker or Volunteer - all are welcome!

Adults seeking to discern or support someone who is,
contact: rcia@resurrectionparish.ca
or call Danica Love @ (306)789-7628

Unbaptised youth preparing to receive the Catholic Sacraments of Initiation,
contact: rcia@resurrectionparish.ca
or call Karen Almasi-Tait @ (306)585-8474



Baptism



Confirmation



Eucharist



Baptism



Confirmation



First Eucharist



First Reconciliation



RCIA



YOUTH MINISTRY

... faith, friends and family



Source

UPCOMING DATES

MARCH 5TH - ST. CECILIA'S

APRIL 16 - HOLY FAMILY

MAY 7TH - CHRIST THE KING



Please see the insert in
this bulletin regarding
the young adult
Winter Ball
on February 17th
at
Resurrection
Parish



The Holy See

MESSAGE OF HIS HOLINESS POPE FRANCIS XXXI WORLD DAY OF THE SICK

11 February 2023

“Take care of him”

Compassion as a synodal exercise of healing

Dear brothers and sisters!

Illness is part of our human condition. Yet, if illness is experienced in isolation and abandonment, unaccompanied by care and compassion, it can become inhumane.

When we go on a journey with others, it is not unusual for someone to feel sick, to have to stop because of fatigue or of some mishap along the way. It is precisely in such moments that we see *how* we are walking together: whether we are truly companions on the journey, or merely individuals on the same path, looking after our own interests and leaving others to “make do”. For this reason, on the thirty-first World Day of the Sick, as the whole Church journeys along the synodal path, I invite all of us to reflect on the fact that it is especially through the experience of vulnerability and illness that we can learn to walk together according to the style of God, which is closeness, compassion, and tenderness.

In the Book of the Prophet Ezekiel, the Lord speaks these words that represent one of the high points of God’s Revelation: “I myself will be the shepherd of my sheep, and I will make them lie down, says the Lord God.. I will seek the lost, and I will bring back the strayed, and I will bind up the injured, and I will strengthen the weak [...] I will feed them with justice” (34:15-16).

Experiences of bewilderment, sickness, and weakness are part of the human journey. Far from excluding us from God’s people, they bring us to the centre of the Lord’s attention, for he is our Father and does not want to lose even one of his children along the way. Let us learn from him, then, how to be a community that truly walks together, capable of resisting the throwaway culture.

The Encyclical *Fratelli Tutti* encourages us to read anew the parable of the Good Samaritan, which I chose in order to illustrate how we can move from the “dark clouds” of a closed world to “envisaging and engendering an open world” (cf. [No. 56](#)). There is a profound link between this parable of Jesus and the many ways in which fraternity is denied in today’s world. In particular, the fact that the man, beaten and robbed, is *abandoned* on the side of the road represents the condition in which all too many of our brothers and sisters are left at a time when they most need help. It is no longer easy to distinguish the assaults on human life and dignity that arise from natural causes from those caused by injustice and violence. In fact, increasing levels of inequality and the prevailing interests of the few now affect every human environment to the extent that it is difficult to consider any experience as having solely “natural” causes. All suffering takes place in the context of a “culture” and its various contradictions.

Here it is especially important to recognize the condition of loneliness and abandonment. This kind of cruelty can be overcome more easily than any other injustice, because – as the parable tells us – it only takes a moment of our attention, of being moved to compassion within us, in order to eliminate it. Two travellers, considered pious and religious, see the wounded man, yet fail to stop. The third passer-by, however, a Samaritan, a scorned foreigner, is moved with compassion and takes care of that stranger on the road, treating him as a brother. In doing so, without even thinking about it, he makes a difference, he makes the world more fraternal.

Brothers and sisters, we are rarely prepared for illness. Oftentimes, we fail even to admit that we are getting older. Our vulnerability frightens us and the pervasive culture of efficiency pushes us to sweep it under the carpet, leaving no room for our human frailty. In this way, when evil bursts onto the scene and wounds us, we are left stunned. Moreover, others might abandon us at such times. Or, in our own moments of weakness, we may feel that we should abandon others in order to avoid becoming a burden. This is how loneliness sets in, and we can become poisoned by a bitter sense of injustice, as if God himself had abandoned us. Indeed, we may find it hard to remain at peace with the Lord when our relationship with others and with ourselves is damaged. It is crucial, then, even in the midst of illness, that the whole Church measure herself against the Gospel example of the Good Samaritan, in order that she may become a true “field hospital”, for her mission is manifested in acts of care, particularly in the historical circumstances of our time. We are all fragile and vulnerable, and need that compassion which knows how to pause, approach, heal, and raise up. Thus, the plight of the sick is a call that cuts through indifference and slows the pace of those who go on their way as if they had no sisters and brothers.

The World Day of the Sick calls for prayer and closeness towards those who suffer. Yet it also aims to raise the awareness of God’s people, healthcare institutions and civil society with regard to a new way of moving forward together. The above-quoted prophecy of Ezekiel judges harshly the priorities of those who wield economic, cultural, and political power over others: “You eat the fat, you clothe yourselves with the wool, you slaughter the fatlings; but you do not feed the sheep. You have not strengthened the weak, you have not healed the sick, you have not bound up the injured,

you have not brought back the strayed, you have not sought the lost, but with force and harshness you have ruled them” (34:3-4). God’s word is always illuminating and timely; not only in what it denounces, but also in what it proposes. Indeed, the conclusion of the parable of the Good Samaritan suggests how the exercise of fraternity, which began as a face-to-face encounter, can be expanded into organized care. The elements of the inn, the innkeeper, the money and the promise to remain informed of the situation (cf. *Lk* 10:34-35) all point to the commitment of healthcare and social workers, family members and volunteers, through whom good stands up in the face of evil every day, in every part of the world.

These past years of the pandemic have increased our sense of gratitude for those who work each day in the fields of healthcare and research. Yet it is not enough to emerge from such an immense collective tragedy simply by honouring heroes. Covid-19 has strained the great networks of expertise and solidarity, and has exposed the structural limits of existing public welfare systems. Gratitude, then, needs to be matched by actively seeking, in every country, strategies and resources in order to guarantee each person’s fundamental right to basic and decent healthcare.

The Samaritan calls the innkeeper to “take care of him” (*Lk* 10:35). Jesus addresses the same call to each of us. He exhorts us to “go and do likewise” (*Lk* 10:37). As I noted in *Fratelli Tutti*, “The parable shows us how a community can be rebuilt by men and women who identify with the vulnerability of others, who reject the creation of a society of exclusion, and act instead as neighbours, lifting up and rehabilitating the fallen for the sake of the common good” (*No.* 67). Indeed, “we were created for a fulfilment that can only be found in love. We cannot be indifferent to suffering” (*No.* 68).

On 11 February 2023, let us turn our thoughts to the Shrine of Lourdes, a prophetic lesson entrusted to the Church for our modern times. It is not only what functions well or those who are productive that matter. Sick people, in fact, are at the centre of God’s people, and the Church advances together with them as a sign of a humanity in which everyone is precious and no one should be discarded or left behind.

To the intercession of Mary, Health of the Sick, I entrust all of you who are ill; you who care for them in your families, or through your work, research and volunteer service; and those of you who are committed to weaving personal, ecclesial, and civic bonds of fraternity. To all, I impart my heartfelt blessing.

Rome, Saint John Lateran, 10 January 2023

FRANCIS

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THAT WE MAY WALK TOGETHER

PASTORAL LETTER TO THE PEOPLE OF GOD IN CANADA

The path of the Church, arising from her very nature, is that of reconciliation. Pope Francis, in the course of his “Walking Together” pilgrimage to Canada, reflecting on the teaching of Saint Paul that the Church is the “living body of reconciliation,” offered these words: “The word ‘reconciliation’ is in fact practically synonymous with the word ‘Church’. It comes from the word ‘council’, and it means ‘meet again in council.’ The Church is the house where we ‘conciliate’ anew, where we meet to start over and to grow together. It is the place where we stop thinking as individuals and acknowledge that we are brothers and sisters of one another. Where we look one another in the eye, accept the other’s history and culture, and allow the mystique of togetherness, so pleasing to the Holy Spirit, to foster the healing of wounded memories” (Meeting of Pope Francis with the Indigenous Peoples and members of the parish community at the Sacred Heart Church, Edmonton, July 25, 2022).



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POPE FRANCIS

For some time now, the Canadian Conference of Catholic Bishops has been engaged in dialogue with the First Nations, Métis, and Inuit communities of this land. Encouraged by the presence, words, and gestures of Pope Francis, we wish to invite all members of the Catholic Church in Canada, Indigenous and non-Indigenous alike, to join us in continuing the pilgrimage towards deep healing and lasting reconciliation.



This pilgrimage is not new; in the early years of the Church's pastoral life in this land, individuals of extraordinary courage and fortitude – Indigenous and newcomers – learned each other's languages and customs, engaged in trade and commerce, exchanged knowledge and technologies, and worked together for the mutual benefit of all. Communities of consecrated life, some of which were founded in Canada, sought fervently to share the gospel with everyone, including Indigenous inhabitants, many of whom, having heard the gospel, embraced the call of Jesus. Celebrated figures of the Church in Canada set up missions, schools, hospitals, orphanages, and other centres of social service to meet the ever-increasing needs of both the colonial and Indigenous populations. Such activities were repeated for centuries throughout this country.

We know, however, that alongside this arc of our history, another view has come to predominate and overshadow the first one in recent times. Meeting and listening to the stories of Canada's Indigenous Peoples, wider society and the Catholic Church have learned that colonization also resulted in great displacement and suffering.

The weeds of human greed and violence, of empire and conquest, were sown alongside the seeds of true evangelical witness and Christian virtue. As the weeds matured, even within faithful Christian communities, they grew into a system that increasingly marginalized Indigenous Peoples and disrespected and denigrated Indigenous ways. This is a dark and tragic part of the Canadian story. Insofar as members of the Church participated in it, it also remains a dark and tragic part of the Christian story in this land.

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Although Christian charity was not absent, and there were many outstanding instances of devotion and care for children, the overall effects of the policies linked to the residential schools were catastrophic. What our Christian faith tells us is that this was a disastrous error, incompatible with the Gospel of Jesus Christ.

POPE FRANCIS



Image: Papal Visit 2022, Lac Ste. Anne, Alberta
Photo credit: Matthew Bodnarek/CCCB

Love for the gospel of Jesus Christ demands that we acknowledge the bad in order to separate it from the good, as chaff is sifted from wheat (cf. Matthew 3:12). Fidelity to our Lord leads us to celebrate and build upon the good, while renouncing and discarding the bad.

Regarding the system of Indian Residential Schools, in particular, let us, as Christians, not be afraid to say what must be said. Pope Francis did so when he visited Maskwacis in Alberta during his “penitential pilgrimage,” stating: “Although Christian charity was not absent, and there were many outstanding instances of devotion and care for children, the overall effects of the policies linked to the residential schools were catastrophic. What our Christian faith tells us is that this was a disastrous error, incompatible with the Gospel of Jesus Christ.” The legacy of involvement of many Catholic dioceses, communities, and people in a system that deprived generations of Indigenous children of their language, culture, history, traditions, spirituality, and family life, and included some terrible abuses, fills us all with sadness and remorse.

As the Bishops of Canada’s Catholic dioceses and eparchies, following the example of the Holy Father, and in keeping with the apology we offered with one heart and voice at our Plenary Assembly meeting in 2021, we renew our profound sorrow for the wrong that was done, and commit ourselves to finding new ways to accompany Indigenous Peoples in their pursuit of justice, healing, and reconciliation.

Listening and dialogue are keys to building upon the relationships developed in recent



months. We have spoken clearly about our desire to listen and learn how to walk together with Indigenous communities in new ways: the establishment of formal structures will ensure ongoing communication and mutual support with national organizations; and regular meetings between diocesan and eparchial bishops with local Indigenous leaders, including former students of residential schools, will promote relations of friendship and solidarity in agreed-upon projects to foster well-being.

Seminary formation, catechetical training, and religious education programs, too, will need to be updated so as to incorporate lessons from the troubled past in order to avoid repeating similar errors in the future. Here the voices of Indigenous people will be most helpful: teaching the Indigenous experience of residential schools, while also sharing the gifts of their respective traditions, wisdoms, histories, cultures, and ways of life. Let us all be humble and open to learning from Indigenous Elders and Knowledge Keepers present in our communities. Their faithful witness to the liberating power of the gospel is a foundation on which we can set our hope for renewed relations between us for the sake of the whole Church and for our society.

As leaders of our dioceses and eparchies, we wish to express our joy and appreciation for the way many Catholic Indigenous Peoples have faithfully kept the gospel over many years, in spite of challenges and obstacles sometimes put forward against it. It is in the spirit of such courageous commitment that Pope Saint John Paul II spoke strongly of the profound

debt of gratitude the Church owes to Indigenous Catholics: “Your encounter with the gospel has not only enriched you, it has enriched the Church. ...your Amerindian and Inuit traditions permit the development of new ways of expressing the message of salvation.... Welcoming the gospel in your own unique way, you continue to challenge all Christians at the deepest level of their understanding of the mystery of Christ. Not only have you received Christ but also because of your fidelity to the gospel many Catholics experience Christ anew through you.”

(Homily given at Sainte-Anne-de-Beaupré, Quebec, September 10, 1984).

We, your Bishops, gathered last September during our annual plenary meeting, desired to make these thoughts known to you, the Catholic faithful of Canada, in order to support Indigenous Peoples of this land in their pursuit of justice, and to work tirelessly with them towards reconciliation. It is our prayer that you will respond to this invitation in a spirit of love and service, as followers of Jesus Christ, members of his “living body of reconciliation,” so that together we may help our relationships with Indigenous Peoples enter a new era of encounter and dialogue.

8 February 2023



40-HOURS FOR LIFE

FEBRUARY 22 – APRIL 2, 2023

4:00 – 5:00 p.m.

Regina General Hospital – 14th Ave.

22,013 lives saved



120 abortion centers closed



242 abortion workers quit



Hosted by

Regina
PRO  **LIFE**

rpla@sasktel.net

306-569-1985

*This lent, come – even for just one day
and pray to end abortion . . . because
nothing is more important than
protecting the most vulnerable in society!*



Relive the Bible on a Pilgrimage Holy Land Discovery + Jordan

11 DAY TOUR / Oct 20th to 30th, 2023

The roots of your faith will come to life on this extraordinary journey through Israel and Jordan. Starting in Tel Aviv, visit some of the main archaeological, historical, and biblical sites, and follow in the footsteps of Jesus as you learn more about His life and ministry. To stand in the very places where history unfolded is a true highlight as you visit sites of biblical importance, such as Nazareth, the Sea of Galilee, Cana, the Mount of Beatitudes, the River Jordan valley, Bethlehem, and last, but not least, Jerusalem.

Complete the experience in fascinating Jordan, where you'll visit more faith-related sites like Mount Nebo, but also one of the most inspiring places on earth: the sandstone city of Petra.

We're pleased to announce that a Spiritual Advisor and Confessor will accompany us on this trip.



**Contact Fanny Madrilejos at (306) 201 4248 or
Jessica Hernando (306) 539 3553 for tour details.**

Nilo Diguangco

(604) 345 5490

ndiguangco@expediacruz.com BC
www.ExpediaCruises.ca/ndiguangco

CPBC License Number:73084

 **Expedia Cruises**
Air, Land & Sea Vacations

a young adult event

Winter Ball



JOIN US FOR A NIGHT OF DANCING,
MUSIC, FOOD, PRAYER, AND FELLOWSHIP

FEBRUARY 17 | RESURRECTION PARISH | COST: \$20

ADORATION @ 6:00PM
SUPPER @ 7:00PM

TO REGISTER:
bit.ly/ArchOYYAM

PLEASE NOTE: ADORATION IS FREE.
IT ONLY COSTS MONEY IF YOU STAY FOR SUPPER

QUESTIONS? oyyam@archregina.sk.ca





State Men's Spiritual Enrichment Weekend Agenda

March 17 & 18, 2023

Holy Spirit Parish 114 Kingsmere Place Saskatoon, SK

Theme: Prayer and Evangelization "Taking Our Faith One Step Farther"

Friday:

Registration 6:00 pm – 7:00pm

Mass 7:00 pm

Reconciliation

Fellowship – Green Beer, Wine and Cheese

Saturday:

8:00am – 8:30 am Registration – Coffee and Muffins – CWL

8:40am – 8:45am Prayer and Praise

8:45 am – Opening Prayers and Remarks – Fr Joseph

8:55am – singing of O' Canada

9:00am – Presentation – Fr Ed Gibney

10:15 am – Coffee and snacks – CWL

10:40am – 10:45am – Prayer and Praise

10:45am – Presentation – Matthew Courchene

12:00 – 12:30 pm – Lunch – CWL

12:40pm – 12:45 pm – Prayer and Praise

12:45pm – Presenter – Fr Steve Penna

1:45 – Coffee and Prayer and Praise

2:00pm – Presenter – Nick Pierlot

2:45pm – coffee and Prayer and Praise

3:00 – 3:30 pm Closing Remarks

5:00pm – Holy Spirit Mass:: all are welcome to attend

Speakers Include: Fr. Ed Gibney (our K of C State Chaplain), Fr. Stephano Penna, Matthew Courchene (current Faith director at St John Bosco parish), Nick Pierlot (assistant director of formation at St. Therese Institute of Faith and Mission in Bruno, SK).

Why you should attend: This is an opportunity to reflect on your duty to spread the Hope that is yours in our Faith and to re-dedicate yourself to serve God, your Parish and the community.

Who may Attend: Open to all men of faith ... bring your friends.

Registration Link: <https://forms.office.com/r/9cbrbGWv1n>

Cost: \$40 per person. Registration includes: Friday social gathering snacks and Saturday lunch, coffee/tea. If you are registering via cheque and regular mail - **Make Cheques payable to : K of C – Holy Spirit Council # 8905.**

**Mailing address is: : K of C Men’s Enrichment Weekend
c/o Holy Spirit Parish
114 Kingsmere Place
Saskatoon, SK S7J 3V7**

eTransfers can be sent to: kofccouncil8905@gmail.com

Please put “Mens Spiritual Enrichment Weekend” in the comment.

Rooms: Rooms are available at Queens’ House (601 Taylor St W). For a small monastic room - \$60/night. For a medium sized room with a double bed - \$80/night. If individuals want to stay there – they just need to contact Queen’s House at 306-242-1916 and select the option to talk to Brendan Bitz or front office.

Direct Questions to: Dale Meier DD #26 – 306-374-9160 – cdmeier@shaw.ca
Jim Vancha (chairperson) – 306-951-7008 - jimvancha@gmail.com



Archdiocese of Regina February 12, 2023

Bulletin

6th Sunday in Ordinary Time

CALLING ALL LAY FORMATION ALUMNI

A small group of recent Lay Formation Program graduates have come together to create a Lay Formation Alumni. We all shared a very important and life-affirming journey in the program. We share new skills and knowledge acquired in the program, and an ember has been carefully lit in each of us.

The Archdiocese of Regina Lay Formation program has been working continuously since 1983. Since then, 591 people have been commissioned through the program, but, unfortunately, we do not have contact information for everybody.

If you are interested in being part of the Lay Formation Alumni, send your contact information to Aseret Ruiz at: Email: Aseret.ruizp@outlook.com or Cell: 306-201-6317

SAVE THE DATE: We are planning an Alumni gathering Saturday, June 17, 2023 in Regina at Campion College.

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution.

PTSD is short for Post-Traumatic Stress Disorder. The DSM I 1952 edition used the term "gross stress reaction" and included combat and "civilian catastrophe." The definition was similar to its official entry and psychiatric diagnosis into the DSM IV in 1980 and classified under anxiety disorders. With a new category created in the DSM V, PTSD is now classified under "trauma and stressor-related disorders. Certain sensations, sensory experiences (sights, sounds, smells) and/or emotions that were dissociated at the time of the trauma keep returning and do not fade with time. There is implicit and narrative memory.

For centuries it has been known by many different names related to war. Combat stress, shell shock, battle shock, combat fatigue, soldier's heart, war neurosis and railway spine. Some of William Shakespeare's plays and Hippocrates' poem De Rerum Natura from 50 BC references flashbacks like dreams. Jean-Martin Charcot noted that "hysterical attacks" could be related to traumatic experiences years later. PTSD is not a weakness but an inherent survival mechanism that we do not have conscious control over.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Archdiocese of Regina RENEW Lent

RENEW your Lent with inspirational resources sent to your inbox each week, from Ash Wednesday to Holy Week. Sign up at archregina.sk.ca/news, text RENEWLENT to 514-900-0130, or email communications@archregina.sk.ca.

BEST LENT EVER

With Lent just around the corner, we wanted to let you know that the Archdiocese is doing something special to help you have the best Lent of your life. We will be participating in Dynamic Catholic's BEST LENT EVER program and we hope you will join us. It's completely free! Sign up at archregina.sk.ca/news or email communications@archregina.sk.ca



Stewardship Bulletin Bit

"For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven." Matthew 5:20

The Pharisees lived according to the letter of the law, and they used this to elevate themselves above the other people. Jesus is clear – it's the love that you have in your heart, for God and others, that will get you to heaven. Simply following church rules to the letter and not out of love, does not necessarily put you on the path to heaven. Attending Sunday Mass and then gossiping about a fellow parishioner on the parking lot is an example of being a modern-day Pharisee.

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... Day Star First Nation is located 16 km north of Punnichy and has a population of approximately 426 members who live on and off the reserve. Chief Day Star (Kii si caw ah chuck) adhered to Treaty 4 on September 15, 1874 and settled the Day Star reserve in 1876. Many members continue to speak the Cree language and maintain their cultural traditions. Social events include horse racing, rodeos, powwows, and cultural activities.

LESSON ELEVEN

Is the official Catechism intended to be used "as is" for catechesis around the world as a part of the universal Church?

One might say no and yes. It is translated into several languages, yet there is only one Catechism for the whole Church that is the foundation of all other catechisms. It is a resource used when creating culturally-sensitive catechetical materials. The Catechism alone does not provide cultural sensitivity and diversity. In fact, it recognizes that versions are needed for "differences of culture, age, spiritual maturity, and social and ecclesial conditions..." and it is the responsibility of specialized catechisms and faith teachers to develop these variations. (See CCC#24).

Sacred Scripture: 1 Cor. 9.22 and 1 Peter 2.2.

Who decided what belongs in the Bible? Qui a décidé le contenu de la Bible ?

3 Minute Catechism Video: archregina.sk.ca/group/catechetical-support-parishes/

Read the Catechism Text: CCC#s 105 & 106, 120-127 Council of Trent (1545-63): within De Canonicis Scripturis (Decree Concerning the Canonical Scriptures) finalized the contents of the Bible, as we know it today. "...a catalogue of the sacred books be inserted in this decree, lest doubt arise in any one's mind as to which books..." Session IV, #'s 42 & 43 specifically names each text to be included in the canon (the accepted/official) of Sacred Scripture.

Further excellent reading is Nicholas LaBanca's article: media.ascensionpress.com/2018/10/15/how-the-new-testament-canon-was-chosen/

Pope Francis' Monthly Prayer Intentions - February For Parishes

We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.

thepopevideo.org

a young adult event



RESURRECTION PARISH
FEBRUARY 17 | COST: \$2
ADORATION @ 6:00PM
SUPPER @ 7:00PM

BIT.LY/ARCHOYYAM

41st Annual Nash Lecture: Science, Religion, and the Search for a Christian Anthropology

Wed., February 15, 2023 at 7:00 pm, Campion College Auditorium, University of Regina

Dr. Robert Allore, SJ

Father Robert Allore was born in Toronto, Ontario. He obtained a BSc in biology at the University of Ottawa and a PhD in Microbiology from the University of Toronto. After completing graduate studies, he worked in the Department of Medical Genetics at the University of Toronto studying gene expression in the nervous system. Robert joined the Society of Jesus (Jesuits) in 1990, completing philosophy studies at Loyola University in Chicago and theology studies at Regis College at the University of Toronto. He was ordained a Catholic priest in 2001. During his years of training with the Jesuits, he continued his research activities at Loyola University, Chicago, at Montreal General Hospital, and at Mount Sinai Hospital, Toronto, investigating the genetics of nervous system development. Father Robert Allore is presently pastor of St. Mark's Parish, chaplain to the University of British Columbia, and an Adjunct Professor of Theology at St. Mark's College at UBC.

Trinity Manor at Westerra: Welcome Home!

Isn't it time you put aside the chores, the grocery shopping, the cooking, and the dishes?

We recognize the cultural, physical, and social importance of food. Food not only feeds the body, but feeds the heart and spirit as well. Our all-inclusive plan means you get to enjoy daily breakfast, lunch, and dinner from our own Red Seal Executive Chef. No dishes, no cooking, no cleaning, and no worries. Trinity Manor located in the beautiful Westerra neighbourhood of Regina, is part of the Emmanuel Care community. Emmanuel Care is a healthcare ministry of the Catholic Church. The residents note "I'm so grateful to have mass in the chapel (we know we have a chair), I don't have to wear my boots and I don't need to start my car". Attend daily mass, or spend time in quiet reflection in our beautiful chapel. This is a new beginning with new friends to meet, and a lot of stimulating and entertaining activities starting at \$2245. End your day by enjoying the wild life and country sunsets, 10 mins from downtown. What's included in our all-inclusive plan? Contact Janet at 306-550-8077 for more information, or to book your personal tour now. Visit us at trinitymanorregina.ca



Fun Poll Results

If you could own one fast-food franchise (and thus get free food from it), which one of these would you choose?

Pizza Hut - 7.9% **Kentucky Fried Chicken - 11.1%**
A & W - 17.5% **Subway - 28.6%**
Dairy Queen - 34.9%



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