

RESURRECTION ROMAN CATHOLIC PARISH

3155 Windsor Park Road - Regina, SK S4V 3B1

Phone: 306-352-0800

Email: office@resurrectionparish.ca

pastor@resurrectionparish.ca

Office Hours: Monday - Friday: 9:00 am – 2:00 pm

Please ring the doorbell



**WORLD DAY FOR
CONSECRATED LIFE**

FEB 2 2025

Mass Intentions

- Tuesday 7:00 pm **+Fabian Osuji**
by Kevin & Terry Harty
- Wednesday 9:00 am **+Denise Wihlidal and
comfort for her family**
by Jonathan & Farrah Semegen
- Thursday 9:00 am **Intentions of
Solange O'Kranczy**
by George & Louise Kress
- Friday 9:00 am **Intentions of
A friend and his family**
by Daniel McCann

PLEASE NOTE: To request a Mass Intention please contact the Parish Office or visit the Welcome Desk after Mass. Due to the high volume received, some Masses may be celebrated at other parishes.

INFORMATION

RECONCILIATION

- Tuesday - 6:15 pm to 6:45 pm
- Saturday - 4:15 pm to 4:45 pm
- The first Friday of each month 9:30 am to 10:30 am, during Adoration
- By appointment by calling Fr. Brad

ANOIDING OF THE SICK / MINISTRY TO THE SICK

Please call the Parish Office to arrange for anointing for someone who is seriously ill, preparing for surgery or home-bound. We can visit upon request

MARRIAGE

Please contact the Priest to make arrangements *at least nine months in advance*

SACRAMENTS

- Baptism
- Confirmation/First Eucharist (Grade 2+)
- First Reconciliation (Grade 4+)
- Rite Of Christian Initiation For Adults
- Rite Of Christian Initiation For Children

Contact: sacraments@resurrectionparish.ca

FUNERALS

Our staff are able to assist you during this difficult time. Once you have contacted the funeral home, please call the Parish Office to plan the funeral Mass and other arrangements

PARISH REGISTRATION

Registration forms are available on the Resurrection website, at the parish office or at the Welcome Desk. Please notify the Parish Office of any address changes.

HOSPITAL CHAPLAINS

Hospital chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people's fears and concerns, to bring Communion, and to contact a priest for anointing of the sick.

Pasqua Hospital: 306-519-1380

Wascana Rehabilitation Centre: 306-530-6511

General Hospital: 306-519-1405

FEB 2-8



Through stories, reflections and prayer, National Catholic Health Care Week 2025 encourages us to reflect on the interconnectedness between health and the environment—and inspires us to harness our collective will and gifts to promote justice and compassionate care and to transform health with care that fully embraces awe, wonder and concern for creation.



#nationalcatholichealthcareweek

Today's Readings

Malachi 3.1-4

Ps 24.7, 8, 9, 10

Hebrews 2.10-11, 13-18

Luke 2.22-40



This week
Feb 3rd to Feb 9th

Tuesday: 7:00 pm

Wednesday: 9:00 am

Thursday: 9:00 am

Friday: 9:00 am

Saturday: 5:00 pm

Sunday: 9:00 & 11:00 am

RESPECT THE LITURGY

*Please be on time
for Mass!*

The first Friday of every month - Adoration from 9:30 am to 11:00 am.

Reconciliation from 9:30 am to 10:30 am

PASTORAL TEAM

Pastor: Fr. Brad Fahlman

Associate Pastor: Fr. Yannick N'Cho Deacon: Reverend Mr. Joe Lang

Resurrection Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

SACRAMENTS

... an ongoing journey of faith



SACRAMENT PREPARATION

Baptism

Registration for children under the age of seven is ongoing. Preparation classes are required, the next Baptism preparation class will be Saturday, February 22, 2025 with Baptisms on Sunday, March 2, 2025.

Confirmation and First Eucharist classes (Grades 2+)

Classes for Confirmation and First Eucharist are now underway, and we will be unable to accept registrations for this session. For more information regarding registration for these sacraments, please contact sacraments@resurrectionparish.ca or call the parish office.

First Reconciliation (Grade 4+)

The next intake will be in fall of 2025. Please contact sacraments@resurrectionparish.ca or call the parish office for more information.

"The sacraments of Christian initiation—Baptism, Confirmation, and the Eucharist—lay the foundations of every Christian life. The sharing in the divine nature given to men through the grace of Christ bears a certain likeness to the origin, development, and nourishing of natural life. The faithful are born anew by Baptism, strengthened by the sacrament of Confirmation, and receive in the Eucharist the food of eternal life. By means of these sacraments of Christian initiation, they thus receive in increasing measure the treasures of the divine life and advance toward the perfection of charity." (CCC 1212)

Contact: sacraments@resurrectionparish.ca

RCIA

Rite of Christian Initiation of Adults and Children

RCIA



Rite of Christian Initiation of Adults and Children

RCIA is a learning and loving process for adults and children to inquire, discern and gain a deeper understanding of our Catholic beliefs and practices.

PHASE TWO: CATECHUMENATE
NOVEMBER 20 to MARCH 12
We'll cover these topics and offer so much more!

Mass Layout
The Saints
Lenten Journey
Baptism
Parables
RCIA
The Trinity
The Bible Prayer
Seven Sacraments
The Eucharist
Catechumenate
The Rosary
Mary

Classes run every second Wednesday until mid-May.
For more information, please contact:
rcia@resurrectionparish.ca

As we continue our **RCIA** journey in faith,
please pray for us:



Kevin



An



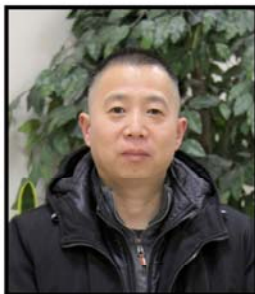
Tobechukwu



Brenna



Scott



Danny



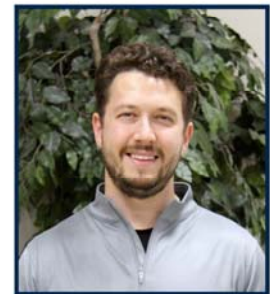
Folashade



Vincent



Andrea



Cody



Trinity



Mirna



Samantha



Taylor



**Oluwadamilola
(Hannah)**



Eseose



Angelina



Samuel



**Gbolahan
(Lawrence)**




NO GREATER LOVE

A BIBLICAL WALK THROUGH
CHRIST'S PASSION


Lenten Bible Study

Please see the insert in this
bulletin for more information.



We extend our deepest sympathy to and pray for the family and friends of
Bill Shewchuk, Nell Shewchuk and Brian Zerr
who have passed away.

We pray that Bill, Nell, Brian and all the souls of the faithful departed
rest in peace.



Burning of Palms!



Each year we burn the previous year's palms to make the ashes for Ash Wednesday Masses. We invite parishioners to bring their blessed palms and place them in the baskets located in the Gathering Space of the church when you attend weekend Mass or weekday morning Mass.



Share Lent Workshop

The Development & Peace Share Lent 2025 workshop for the Regina area will be held at Holy Child Parish, 2636 7th Ave. E on Saturday, February 8 at 1 p.m. To register for the workshop or if you have any questions, please contact Marian at 306-552-8318 or at mariangrady@sasktel.net.

"Dear brothers and sisters who are ill or who care for the suffering, in this Jubilee you play an especially important part. Your journey together is a sign for everyone: "a hymn to human dignity, a song of hope"

Pope Francis

Message for World Day of the Sick



***World Day of the Sick Mass with Anointing of the Sick
Tuesday February 11th at 7:00 pm***



CWL General Meeting

Our next CWL General Meeting will be on Tuesday, Feb. 4th at 7:30 pm in Meeting Room #2. Our guest will be Fr. Brad with a Q & A session



Tax Receipts are ready for pickup in the Gathering Space, please pick yours up to help us avoid high postage costs



**EMAIL MONEY
TRANSFER**

Did you know that you can send your weekly tithes and offerings now by e-transfer?

Over fifty percent of our donations are by weekly e-transfer. Send them to finance@resurrectionparish.ca and they will be included with your annual tax receipt. If you would like to inquire about other ways of giving electronically, please email the Parish at finance@resurrectionparish.ca or call our office at 306-352-0800. Thank you again for your generosity in doing the Lord's work in our Parish, our community, our city, and beyond.



Take your empty bottles and cans to the East SARCAN Drop & Go for the Knights of Columbus Fundraiser for Charity. All you have to do is enter the code **3067892993**, it's as easy as that!

Knit together
IN LOVE.
COLOSSIANS 2:2, ESV



Do you like to knit or crochet? Are you interested in gathering for fellowship and knitting or crocheting items for those in need? We invite you to join us in Meeting Room 3 on **Wednesday's between 1 and 3 pm.** Please call the office at 306-352-0800 if you are



SERVANTS OF GOD

We're looking for people to sign up to help with all liturgical ministries. Even if you had helped out in the past; please take this opportunity to sign up again. Please see our website for more information



PRAYER MINISTRY

Our parish has an active prayer ministry. If you or someone you know is in need of prayer, or if you wish to join the prayer ministry, please contact **Sharon Schauerte Ph. 306-586-9143**
Email: sharon_schauerte2@hotmail.com



Spaghetti Dinner

Saturday Feb. 8th
following 5:00 pm Mass

(donations go to Resurrection
Parish Social Justice projects)



pancake breakfast

SUNDAY FEB. 9TH
following 9:00 and
11:00 am Masses

(donations go to Knights of
Columbus charities)

ADVERTISE WITH US

Are you looking for an opportunity to promote your service or business? Consider joining the other great advertisers on the back page of our weekly bulletin. Our bulletin is posted on our web site and copies are distributed electronically to our parishioners every weekend. For more information please contact Brian Beitel at bkbeitel@sasktel.net



Children's Liturgy

Children's Liturgy
Prayers, Songs, the Gospel
and Gospel Activities

Children's Liturgy is for children aged 4 to 7 and is held during the Sunday 9 am Mass. Currently we do not have enough leaders to offer Children's Liturgy at any other Mass times.

Is your child not quite 4? A selection of children's books is available in the hallway. Please feel free to borrow these books during Mass.

February Youth Night

Who:
Grade 6-8 Students



When:
Friday February 7th
6:30-8:30pm

Where: Resurrection
Parish Hall
scan to register -->



Join us for an evening of friendship, conversation and sharing in faith! With the theme of LOVE, have the chance to learn about God's love, love for one another and love for ourselves in a safe and positive space!

If you cannot scan the QR code above, there is also a link to the registration form on our web site.



The Holy See

MESSAGE OF HIS HOLINESS POPE FRANCIS XXXIII WORLD DAY OF THE SICK

11 February 2025

***“Hope does not disappoint” (Rom 5:5),
but strengthens us in times of trial***

Dear brothers and sisters,

We are celebrating the 33rd World Day of the Sick in the Jubilee Year 2025, in which the Church invites us to become “pilgrims of hope”. The word of God accompanies us and offers us, in the words of Saint Paul, an encouraging message: “Hope does not disappoint” (*Rom 5:5*); indeed, it strengthens us in times of trial.

These are comforting words, but they can also prove perplexing, especially for those who are suffering. How can we be strong, for example, when our bodies are prey to severe, debilitating illnesses that require costly treatment that we may not be able to afford? How can we show strength when, in addition to our own sufferings, we see those of our loved ones who support us yet feel powerless to help us? In these situations, we sense our need for a strength greater than our own. We realize that we need God’s help, his grace, his Providence, and the strength that is the gift of his Spirit (cf. *Catechism of the Catholic Church*, 1808).

Let us stop for a moment to reflect on how God remains close to those who are suffering in three particular ways: through *encounter*, *gift* and *sharing*.

1. *Encounter*. When Jesus sent the seventy-two disciples out on mission (cf. *Lk 10:1-9*), he told them to proclaim to the sick: “The kingdom of God has come near to you” (v. 9). He asks them, in other words, to help the sick to see their infirmity, however painful and incomprehensible it may be, as an opportunity to encounter the Lord. In times of illness, we sense our human frailty on the physical, psychological and spiritual levels. Yet we also experience the closeness and compassion of God, who, in Jesus, shared in our human suffering. God does not abandon us and often

amazes us by granting us a strength that we never expected, and would never have found on our own.

Sickness, then, becomes an occasion for a transformative encounter, the discovery of a solid rock to which we can hold fast amid the tempests of life, an experience that, even at great cost, makes us all the stronger because it teaches us that we are not alone. Suffering always brings with it a mysterious promise of salvation, for it makes us experience the closeness and reality of God's consoling presence. In this way, we come to know "the fullness of the Gospel with all its promise and life" (SAINT JOHN PAUL II, *Address to Young People*, New Orleans, 12 September 1987).

2. This brings us to the second way that God is close to the suffering: as *gift*. More than anything else, suffering makes us aware that hope comes from the Lord. It is thus, first and foremost, a gift to be received and cultivated, by remaining "faithful to the faithfulness of God", in the fine expression of Madeleine Delbr el (cf. *La speranza   una luce nella notte*, Vatican City 2024, Preface).

Indeed, only in Christ's resurrection does our own life and destiny find its place within the infinite horizon of eternity. In Jesus' paschal mystery alone do we attain the certainty that "neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God" (*Rom* 8:38-39). This "great hope" is the source of all those small glimmers of light that help us to see our way through the trials and obstacles of life (cf. BENEDICT XVI, *Spe Salvi*, 27, 31). The risen Lord goes so far as to walk beside us as our companion on the way, even as he did with the disciples on the road to Emmaus (cf. *Lk* 24:13-53). Like them, we can share with him our anxieties, concerns and disappointments, and listen to his word, which enlightens us and warms our hearts. Like them too, we can recognize him present in the breaking of the bread and thus, even in the present, sense that "greater reality" which, by drawing near to us, restores our courage and confidence.

3. We now come to God's third way of being close to us: through *sharing*. Places of suffering are frequently also places of sharing and mutual enrichment. How often, at the bedside of the sick, do we learn to hope! How often, by our closeness to those who suffer, do we learn to have faith! How often, when we care for those in need, do we discover love! We realize that we are "angels" of hope and messengers of God for one another, all of us together: whether patients, physicians, nurses, family members, friends, priests, men and women religious, no matter where we are, whether in the family or in clinics, nursing homes, hospitals or medical centres.

We need to learn how to appreciate the beauty and significance of these grace-filled encounters. We need to learn how to cherish the gentle smile of a nurse, the gratitude and trust of a patient, the caring face of a doctor or volunteer, or the anxious and expectant look of a spouse, a child, a grandchild or a dear friend. All these are rays of light to be treasured; even amid the dark night of

adversity, they give us strength, while at the same time teaching us the deeper meaning of life, in love and closeness (cf. *Lk 10:25-37*).

Dear brothers and sisters who are ill or who care for the suffering, in this Jubilee you play an especially important part. Your journey together is a sign for everyone: “a hymn to human dignity, a song of hope” (*Spes Non Confundit*, 11). Its strains are heard far beyond the rooms and beds of health facilities, and serve to elicit in charity “the choral participation of society as a whole” (*ibid.*) in a harmony that is at times difficult to achieve, but for that very reason is so comforting and powerful, capable of bringing light and warmth wherever they are most needed.

The whole Church thanks you for this! I do as well, and I remember you always in my prayers. I entrust you to Our Lady, Health of the Sick, in the words that so many of our brothers and sisters have addressed to her in their hour of need:

We fly to your protection, O Holy Mother of God.
Do not despise our petitions in our necessities,
but deliver us always from all dangers, O glorious and blessed Virgin.

I bless you, along with your families and loved ones, and I ask you, please, not to forget to pray for me.

Rome, Saint John Lateran, 14 January 2025

FRANCIS

NO GREATER LOVE

A BIBLICAL WALK THROUGH
CHRIST'S PASSION



Dates – Times – Location

Celebrate Lent at Resurrection Parish

3155 Windsor Park Road, Regina Sask.
phone 306 352 0800 or email:
office@resurrectionparish.ca

Register before Sunday February 23rd, 2025
5 Sessions (morning or evening) begin:
Thursday, March 13 until Thursday, April 10
9:30-11:00 am OR 7:00-8:30 pm

Cost – Registration

\$40.00

includes the 215 page paperback book
and the workbook.

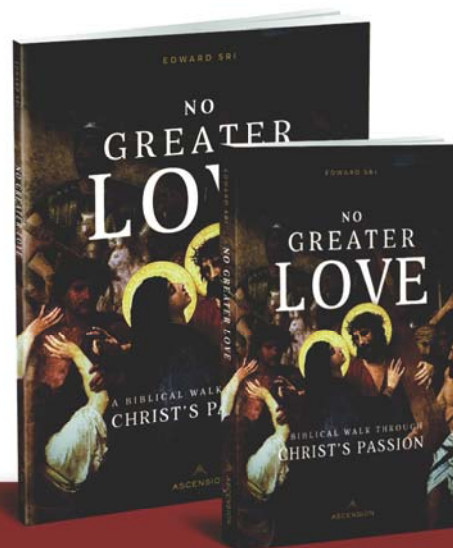
For More Information

Sign up at the Welcome Desk in the Gathering
space for either morning or evening sessions
or contact the Parish Office or Pat Schiissler
at 306 527 4627
email: patricia.schiissler@sasktel.net

**Thousands sought Jesus during his life.
Only a few followed him to Calvary.**

What will you do?

Filmed on location in the Holy Land, *No Greater Love* is a biblical pilgrimage that reveals Christ's amazing love for us. Best-selling author Edward Sri guides you through the last hours of Christ's life. You will walk step-by-step with Jesus from the garden of Gethsemane to Mount Calvary. Every step of the way, Old Testament prophecies, messianic expectations, biblical symbolism, and historical context shed light on the mystery of Christ's suffering and death. Experience a deeper understanding and appreciation of God's immeasurable and unconditional love for you—and grow closer to Jesus.





MADE FOR GREAT F+NESS

A CATHOLIC MEN'S EVENT

Featuring **AARON RESLER**, MfG planning team member
and active parishioner at Holy Family Parish

Friday, February 7 from 6:00 to 8:30 PM

Meal Served at 6:00

Presentation and Chat at 6:30

Devotions and Confession at 7:30

Conclusion and Fellowship at 8:30

Our Lady of Peace Parish

425 Broad Street N

Regina, SK

**The Myriam Family of the Prairies invites you
For a day retreat on February 22nd 2025
From 9h30 to 4h00**

The adventure of my spiritual journey;

1) The purgative phase



Including Mass, Holy hour, talks, sharing, and lunch, in the beauty of nature and the silence of the countryside at our house of prayer in McLean, Sk, 45 km East of Regina.

To register, and to get location directions,
Please contact Sr. Stephanie at **306-761-0528** or by email
pss.prairies@famillemyriam.org

Donation based, to help our mission continue!



A FAMILY RETREAT COMING UP!

WHEN: FEBRUARY 8 2025
FROM 9H30 TO 4H

At the Myriam Family of the
Prairies located in McLean, SK
Please register with Sr.
Stephanie

at 306-761-0528 or
pss.praireis@famillemyriam.org
Free will offering t

Sunday

Feb. 16

11:30 a.m.

Rock of All Ages



Youth Group

God Is Love!

Come Share.

**International
Lunch
Potluck**

Games

Dance

Fun

Music

St. Peter Parish

100 Argyle St.

Call 306-525-5507 if needed.



Free Webinar: Caring for Our Common Home

From February 2 to 8, 2025, Canada will celebrate the sixth annual National Catholic Health Care Week. This is a time to recognize the mission and contributions of Catholic health teams and ministries across the country.

This year's theme, Caring for Our Common Home, highlights the profound connection between human health and the health of the planet.

You are invited to join a free webinar on February 6, 2025, from 12:00 – 1:30 pm, featuring information and inspiring stories from Catholic health care. Please see the attached poster and the link below to register:

[us02web.zoom.us/meeting/register/17rf8Y5JSLuYTVgYyamxTA#registration](https://us02web.zoom.us/j/817rf8Y5JSLuYTVgYyamxTA#registration)

Additionally, weekly resources, including daily prayers and reflections, are available to help you explore how our individual and collective actions can promote a healthy world where all can thrive. These materials can be accessed on the CHAC website:

chac.ca/en/national-catholic-health-care-week/

Thank you for supporting this important week of reflection and celebration.



Life in Abundance as Proclaimed by a Universal Christ - A 7-Episode video series with Father John Weckend

Father John shares some of his reflections on a cosmic and more universal approach to 'The Christ'.

It brings a broader approach to the dogma of the Incarnation and how it affects our life and spirituality.

Episode 3 now available. The remaining episodes will be released weekly on Friday at 7 am.

If you enjoy the videos, please Like or Subscribe. Feedback is welcome in the Comments or email FatherJohnWeckend@gmail.com

Use one of these ways to watch:

- [Father John Weckend YouTube Channel.](#)
- On YouTube, search @FatherJohnWeckend.



Turn Debt Into Hope – Worldwide Caritas Campaign Workshop

Our Holy Father has called us all to journey on a pilgrimage of hope this year of Jubilee. But, at the same time, [there are over 3.3 billion people in our world](#) who live in countries wracked with spiraling national debt costs. Pope Francis calls on all the Catholic faithful to journey towards Jubilee justice this year, [by taking a stand to promote fairness in international debt relief](#)

[amid the climate crisis.](#) Join Development and Peace – Caritas Canada [members](#) as we respond to this call in our Parish and Diocesan communities. online workshops (these will be both online and in-person):

February 15 at 10:00 am – 11:15 am (PA workshop) register at: [us02web.zoom.us/meeting/register/tU0bNphUSnuvbX-ZY9VQx0w##registration](https://us02web.zoom.us/j/817rf8Y5JSLuYTVgYyamxTA#registration)

Contact: Mike LeBlanc at 306-205-2334 or mleblanc@devp.org. Visit devp.org for more info.



TF #437: Living In The Psalms - Part 3

Join Deacon Eric Gurash for part three of Living in the Psalms. This week, discover the over-arching theme of the Psalms and examine how to approach the Psalms from a personal, lived perspective. Deepen your understanding of how to see and hear the

Psalms through the lens of metaphor, parallels and repetition and how these tools of Hebrew poetry can help connect the Psalms to our daily lives.

thinkingfaith.libsyn.com/living-in-the-psalms-part-4

Stewardship Bulletin Bit

“Because he himself was tested through what he suffered, he is able to help those who are being tested.” – Hebrews 2:18

When we join a support group, there is comfort in sharing our pain with people who have experienced the same thing; they understand what we are going through. The next time you experience suffering, talk to Jesus. He has experienced more suffering than most of us; He understands. Plus, Jesus knows us better than we know ourselves. Only He can fill the hole you feel in your heart.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Athletes spit so much because exercise increases the amount of protein in saliva. When you exercise, the amount of protein secreted into the saliva increases. A protein mucus named MUC5B makes your saliva thicker when you're exercising which makes it more difficult to swallow so we tend to spit more. It may occur during exercise because we breathe through our mouths more. MUC5B activates to stop our mouths from drying out.

Scott L. Bjornson,
CIM®, CFP®, FMA, FCSI, CPCA™
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 Fax: 1-855-408-0447

Jane Chukwujekwu, MSW, MBA
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 Cell: 1-639-999-0461



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